2014 ISAF Development Symposium Cape Town, South Africa, 14 – 16 March

SCHEDULE

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Friday 14 March	
0845 – 1000	Delegation Registration at Lagoon Beach Hotel in Courtyard 1. Tea and coffee
1000 - 1020	Official welcome to the 2014 ISAF Development Symposium.
	 ISAF Vice-president, Nazli Imre, ISAF Development and Youth Committee Chairman, Olivier Bovyn South African Sailing President and ISAF Development and Youth Committee Vice-chairman, Rob M'Crystal
1020 - 1030	Introduction to the 2014 ISAF Development Symposium, Nominated Experts, Training and Development Department, guest presenters and overview of the schedule.
	- ISAF Training and Development Manager, Dan Jaspers
1030 1110	South African Sailing (SAS) – MNA History, current status and future developments.
	Presentation to delegates on structure of South African Sailing, the ISAF MNA for South Africa.
	 South African Sailing President, Rob M'Crystal South African Sailing National Training and High Performance Manager, Rob Holden
1110 - 1130	IOC Olympic Solidarity funding

A short presentation on the outcomes of IOC OS Funded activity in 2013 and a forecast for 2014.

This presentation includes an overview of the IOC programmes that are available for all MNAs to access.

ISAF Training and Development Manager, Dan Jaspers

Delegates to join their allocated group for the breakaway sessions which are listed on the next page:

	Group 1 – Cape Point Group	Group 2 - Springbok Group
1130 - 1200	Regional Development initiatives How can ISAF get more involved with regional training? What is 'Sail Africa' doing that has proven useful to our members so far? Courtyard 1	Increasing participation by linking Schools / Education to Sailing Centres? How can ISAF and its Member National Authorities increase awareness of sailing through schools and the wider education sector? Courtyard 2

	Increasing participation by linking Schools to Sailing Venues	Regional Development initiatives
1200 - 1230	How can ISAF and its Member National Authorities increase awareness of sailing through schools and the wider education sector?	How can ISAF get more involved with regional training? What is 'Sail Africa' doing that has proven useful to our members so far?
	Courtyard 2	Courtyard 1

1230 - 1245 Feedback from breakaway group Presenters and Delegates

Courtyard 1

1245 - 1345 **Lunch**

	Group 1 – Cape Point Group	Group 2 - Springbok Group
1345 - 1430	Examples of National Development Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker Courtyard 1	The ISAF Coaching Framework Presentation of the ISAF Coaching Framework, followed by group discussion forum regarding the ways in which ISAF MNAs can use it to help develop National Coaching Frameworks and 'map' national Coach qualifications / certification with other nations.
1430 - 1515	The 'ISAF Coaching Framework' Presentation of the ISAF Coaching Framework, followed by group discussion forum regarding the ways in which ISAF MNAs can use it to help develop National Coaching Frameworks and 'map' national Coach qualifications / certification with other nations. Courtyard 2	Examples of National Development Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker Courtyard 1

1515 - 1530 Feedback from breakaway group Presenters and Delegates

Courtyard 1

1530 -1545 Tea and Coffee

1545 - 1615 **ISAF Training Resources**

Courtyard 1

 Presentation of current list of ISAF Training Resources, including an overview of the ISAF Performance Training Exercises Handbook publication and how it can benefit MNA Coaches delivering performance sail training sessions.

1615 - 1645 **Women in Sport**

Courtyard 1

 How can sailing encourage more female participants and retain them as both sailors, coaches and as volunteers.

1645 - 1715 **Review of day 1**

Forum for delegate feedback and discussion

Saturday 15 March 2014

0830 - 0910 Delegates arrive Tea and Coffee

0910 - 0920 Introduction to day 2

Courtyard 1

- Dan Jaspers, ISAF Training and Development Manager
- All delegates

<u>Delegates to join their allocated group for the breakaway sessions which are listed on the next page:</u>

	Group 1 – Table Mountain Group	Group 2 – Protea Group
0920 - 1000	Examples of National Development Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker Courtyard 1	Developing Disabled Sailing Programmes Breakaway session Introducing the work of IFDS and their Development Committee in developing Disabled Sailing Programmes at national / international level. Courtyard 2
1000 - 1040	Developing Disabled Sailing Programmes Breakaway session Introducing the work of IFDS and their Development Committee in developing Disabled Sailing Programmes at national / international level. Courtyard 2	Examples of National Development Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker Courtyard 1

1040 – 1100 Feedback from breakaway group Presenters and Delegates

Courtyard 1

1100 - 1130 **Tea and coffee**

	Group 1 – Table Mountain Group	Group 2 – Protea Group
1130 - 1215	IKA / ISAF 'Learn to Kite' programme Presentation on the ISAF / IKA Kite Coaching Framework and its use at National / International level to help ISAF MNAs and IKA national associations develop a framework for 'best practice' in the delivery of a learn to Kite programme. Courtyard 1	Examples of National Development Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker Courtyard 2
1215 - 1300	Examples of National Development Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker Courtyard 2	IKA / ISAF 'Learn to Kite' programme Presentation on the ISAF / IKA Kite Coaching Framework and its use at National / International level to help ISAF MNAs and IKA national associations develop a framework for 'best practice' in the delivery of a learn to Kite programme. Courtyard 1

1300 - 1315 Feedback from breakaway group Presenters and Delegates

Courtyard 1

1315 - 1415 Lunch

Delegates to join their allocated group for the Break-away sessions which are listed below:

	Group 1 – Table Mountain Group	Group 2 – Protea Group
1415 - 1445	ISAF High Performance Training Centres How could ISAF MNAs benefit from an international network of training centres delivering high level training for Sailors / Athletes in the build-up to the Rio 2016 and Tokyo 2020 Olympic Games? Courtyard 1	ISAF Youth Worlds Athlete Participation (APP) / Emerging Nations Programme. Overview of the ISAF Youth Sailing World Championship APP funding, the work of the World Youth Sailing Trust (WYST) and thoughts on a new Emerging Nations Programme concept. Courtyard 2
1445 - 1515	ISAF Youth Worlds Athlete Participation (APP / Emerging Nations Programme. Overview of the ISAF Youth Sailing World Championship APP funding, the work of the World Youth Sailing Trust (WYST) and thoughts on a new Emerging Nations Programme concept. Courtyard 2	ISAF High Performance Training Centres How could ISAF MNAs benefit from an international network of training centres delivering high level training for Sailors / Athletes in the build-up to the Rio 2016 and Tokyo 2020 Olympic Games? Courtyard 1

1515 - 1530 Feedback from breakaway group Presenters and Delegates

Courtyard 1

1530 - 1545 **Tea and Coffee**

1545 - 1645 **Development of sport at Local and National Level.**

Courtyard 1

- Representatives of the South African Sports Confederation and Olympic Committee (SASCOC) / Ministry of South African Sports and Recreation.

1645 - 1700 Review of day 1

Forum for delegate feedback and discussion

Sunday 16 March 2014

0900 - 0930	Delegates arrive (ALL Delegates to wear blue ISAF polo shirts for group photograph) Tea / Coffee
0930 - 0945	ALL delegates to assemble for group photograph
0945 - 1015	ISAF Training Scholarship
	Courtyard 1
	 Presentation on the way that this important course has developed using testimonials from past candidates. Outline of the proposed 2014 course schedule.
1015 - 1045	ISAF 'Recognized Training' audit process and benefits of accreditation
	 Overview of the revised audit process for ISAF Recognized Training accreditation.
1045 - 1100	Any other business
	 Includes comments from MNAs not present at the 2014 Development Symposium regarding future developments
1100 - 1115	Introduction to 2015 Development Symposium hosts and venue
	 Cristen Schifino from U.S Sailing to invite ISAF delegations to join the U.S Sailing National Sailing Programmes Symposium in New Orleans in 2015.
1115 - 1130	2014 Development Symposium – Collection of delegate feedback
	 Delegates to work together with ISAF Experts to complete a short event feedback - questionnaire.
1130 - 1215	Closing remarks
	 Olivier Bovyn, ISAF Development and Youth Committee Chairman Rob M'Crystal, ISAF Development and Youth Committee Vice-Chairman Nazli Imre, ISAF Vice-president
1215 Onwards	Optional social programme (see social programme document)